

Don't forget to eat your vegetables.

Red Oak Community School Elementary Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

March 2018

MONDAY



TUESDAY



WEDNESDAY

28

7

(14)

(21

(28)

THURSDAY

Beefy Nachos with Cheese Chicken Bacon Ranch Melt on

Turkey Deli Sandwich

Refried Beans

FRIDAY

2

9

(16

23

30

Dr. Seuss's Birthday

Cheese Bread

1

8

(15

Southern Chicken Biscuit

Yogurt Pak with Bagel

Spicy Pinto Beans

School Breakfast Week (5

French Toast Sticks Cheese Stick Sausage Patty

Hot Ham & Cheese Flatbread

Chicken Caesar Wrap

Breakfast Potatoes

Pasta with Meat Sauce French Bread

Italian Turkey Panini

Southwest Chicken Salad

Green Beans

HOM: Pineapple/Radish

Philly Flatbread Green Beans

6

(13)

20

27

Breakfast Burrito

Turkey Munchable

Black Beans

Cheeseburger on Bun

Buffalo Chicken Calzone

Ham Deli Sub Sandwich

Garlic & Herb Broccoli

Chicken Nugget Basket Whole Grain Dinner Roll

Fish Sandwich Basket

Honey Mustard Ham Wrap

Golden French Fries
Birthday Cake

Sweet & Sour Chicken Brown Rice

Mini Corn Dogs Brown Rice WG Chips, Salsa & Cheese Cubes

Roasted Broccoli Whole Grain Dinner Roll National Pasta Day

Lasagna Cheese Bread

(12

(19

26

Italian Meatball Sub

Turkey BLT Salad

Caesar Salad

Soft Beef Tacos

Lettuce, Tomato, Cheese

Chicken Crispito
Homemade Nacho Cheese
Sauce

Chef Salad

Spicy Pinto Beans

Roasted Hot Dog on a Bun

Oven Roasted Chicken French Bread

Beef Taco Salad

Baked Potato Halves **Cookie** Cheese Personal Pizza

Cowboy BBQ Burger

Yogurt Pak with Pretzel Bites

Green Peas

Spring Break

Spring Break

HOM: Dill

Spring Break

Spring Break

22

29

Spring Break

Popcorn Chicken Bowl Whole Grain Dinner Roll

Salisbury Steak Whole Grain Dinner Roll Chicken Caesar Wrap

Corn Mashed Potatoes Macaroni & Cheese

Sloppy Joe on a Bun

Southwest Chicken Salad

Roasted Broccoli

Cheeseburger on Bun

Beef Chili

Cinnamon Roll

Turkey Munchable

Mexican Street Corn

Ham, Egg & Cheese on an English Muffin

Pulled Pork on Ciabatta

Turkey Deli Sub Sandwich

Coleslaw

Anything on a Stick

Good Friday

Regular PK-3 \$2.55
Regular 4-12 \$2.70
Reduced \$0.40
Adult \$3.70

HARVEST OF THE MONTH



EXTRA INFO

Milk choice of 1% White, Skim or Chocolate Skim is included with lunch.

Entree Salads are served with Dinner Roll For questions or comments, contact Mindy Riibe at 712-621-0042 or email riibem@roschools.org

